

Attorney Docket No. 84594-102/ME

Examiner **STEPHEN R. CROW**
Art Group **3764**
Applicant **ALLEN G. JAMES**
Serial No. **09/461,225**
Filed **12/16/99**
For **PORTABLE CALF STRETCHER**

Commissioner of Patents
Washington, D.C., 20231
U.S.A.

Dear Sir:

In response to the Official Action dated August 10, 2000, it is respectfully requested that this application be amended as follows:

IN THE CLAIMS

Please cancel previously submitted claims 2 through 9.

Please amend claim 1 as follows:

1. (amended) A method of [portable stretching device for] stretching calf muscles of a person, the [device] method comprising:

providing a base [member] plate having a lower gripping surface arranged to be supported on [a supporting surface] the ground and an upper mounting surface extending between respective first and second ends of the base plate;

providing a foot plate extending between respective first and second ends;

arranging the foot plate to be longer between the respective first and second ends thereof than the base plate;

providing on the foot plate an upper gripping surface suitably sized to support a single foot of the person thereon;

providing on the foot plate a plurality of stops mounted on a lower mounting surface of the foot plate at spaced positions between the respective first and

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